

ECO MY FLAT

Eco-my-flat is a UC competition to help you green up your flat with easy, low-cost living tips. It's also a battle for great prizes!

The **Most Improved Flat** wins an amazing trip to Kaikoura (first town in NZ to be Green Globe certified) on the low carbon footprint TranzCoastal train with three nights at the YHA, dinner at Hislops Wholefood Café, and tickets for Whale Watch, Kaikoura Kayaks, Dolphin Encounter, Seal Swim Kaikoura and \$500 towards your power bills.

For the **Most Inventive Flat**, there is a weekend stay at Waihi Bush organic farm travelling with eco-friendly Intercity Coachlines, vouchers from Piko Wholefoods, dinner at the Lotus Heart Restaurant, tickets for Rangitata Rafts, and heaps more!

How it works: after a flat audit you or your flatmates come along to a series of workshops, write a blog and make environmentally friendly changes in your flat. We'll even help get you started with some amazing free giveaways at our workshops!

The workshop sessions are on

- energy
- food
- gardening
- preserving and brewing
- transport
- bodycare
- cleaning
- water.



22 Feb – 28 May 2010
Sign up now! Visit
www.sustain.canterbury.ac.nz/ecomylat

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